

A photograph showing a young girl with blonde hair and a blue headband, and an elderly woman with short brown hair, both smiling and interacting at a table. The girl is reaching out with her hands, and the woman is looking down at them. In the background, other people are blurred. The image is partially covered by a teal banner at the bottom.

A MEANINGFUL PROGRAMME
THAT ENHANCES THE LIVES
OF BOTH GENERATIONS



Jenny Kossew
Founder and Principal

Jenny Kossew's passion has been educating nursery aged children and entertaining the elderly, both with music and song, for over 25 years. During this time she occasionally brought the two generations together and realised how much everyone could gain from this special connection. It was more than just music that could bridge the age gap - both groups were asking for more interaction as it brought them so much happiness.

JOY was formally established in 2016 when Jenny decided to concentrate her time on building true relationships and friendships between the old and young by running regular and ongoing structured sessions. This afforded both generations undivided attention by pairing them one-to-one.

In April 2019 JOY (Joining Old and Young) became a registered charity.

JOY is a unique inter-generational programme that brings the elderly and the young children together on a regular basis during term time. The sessions are for members of a participating Day Care Centre or Residential Home and children from a participating school. The sessions either take place on shared sites where there is both a school and an elderly Day Care Centre or at Residential Homes which are visited by children from an off-site school.

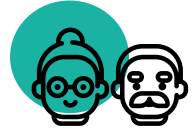
Friendships form, connections are made, and the core values of empathy, communication and respect develop. These sessions facilitate empowerment and well-being in both generations which form the heart of JOY.



Benefits of JOY

Elderly

- Combats loneliness and isolation
- Instils a sense of purpose and value
- Energises and invigorates, enhancing a sense of positivity and wellbeing
- Empowers and builds confidence
- Develops relationships and experiences the joy of spending time with young children



Children

- Overcomes ageism
- Improves communication, connection and confidence
- Nurtures empathy and compassion
- Teaches respect, acceptance
- Establishes a long-term impact on family inter-generational cohesion

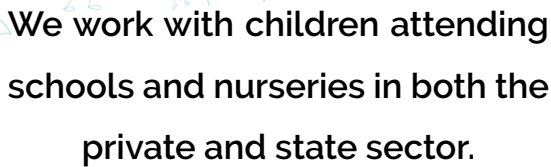


Community

- Fosters community spirit
- Lays a cohesive inter-generational foundation
- Unites diverse communities
- Empowers deprived communities
- Advances community development and promotes good citizenship and volunteering opportunities



-
- JOY is a flexible programme and can be tailored to suit individual sites.
 - All JOY facilitators undergo our in-house training programme.
 - Resources are supplied by JOY.
 - JOY incorporates the seven areas of learning, a key element of the school curriculum, and implements them through music, educational and creative activities.
-



The elderly care facilities we work with include residential homes, day centres and social groups.

Contact us

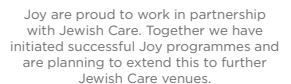
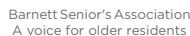
JOY (Joining Old and Young)

Telephone: +44(0)20 8952 4131 • Mobile: +44(0)7811 771069

Address: 11 Green Lane, Edgware, Middlesex, HA8 7PL, UK

Email: jenny@joininggoldandyoung.org.uk

Registered Charity Number: 1182863



joininggoldandyoung.org.uk